

# SOUTH KITSAP SCHOOL DISTRICT

Nurturing Growth • Inspiring Achievement • Building Community

March 13, 2020

Dear Parents,

At the direction of Superintendent Winter, South Kitsap Schools will be closed starting, March 16, 2020 through April 24, 2020. The learning and continued engagement of our students is of utmost important to the staff at John Sedgwick Middle School. Attached is a compiled list of ideas/activities created by grade level teams to keep your student engaged for the coming weeks.

If you have questions, concerns or needs related to the closure, we encourage you to reach out to the District by calling (360) 874-6499.

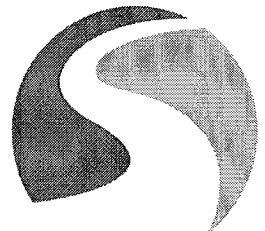
Sincerely,

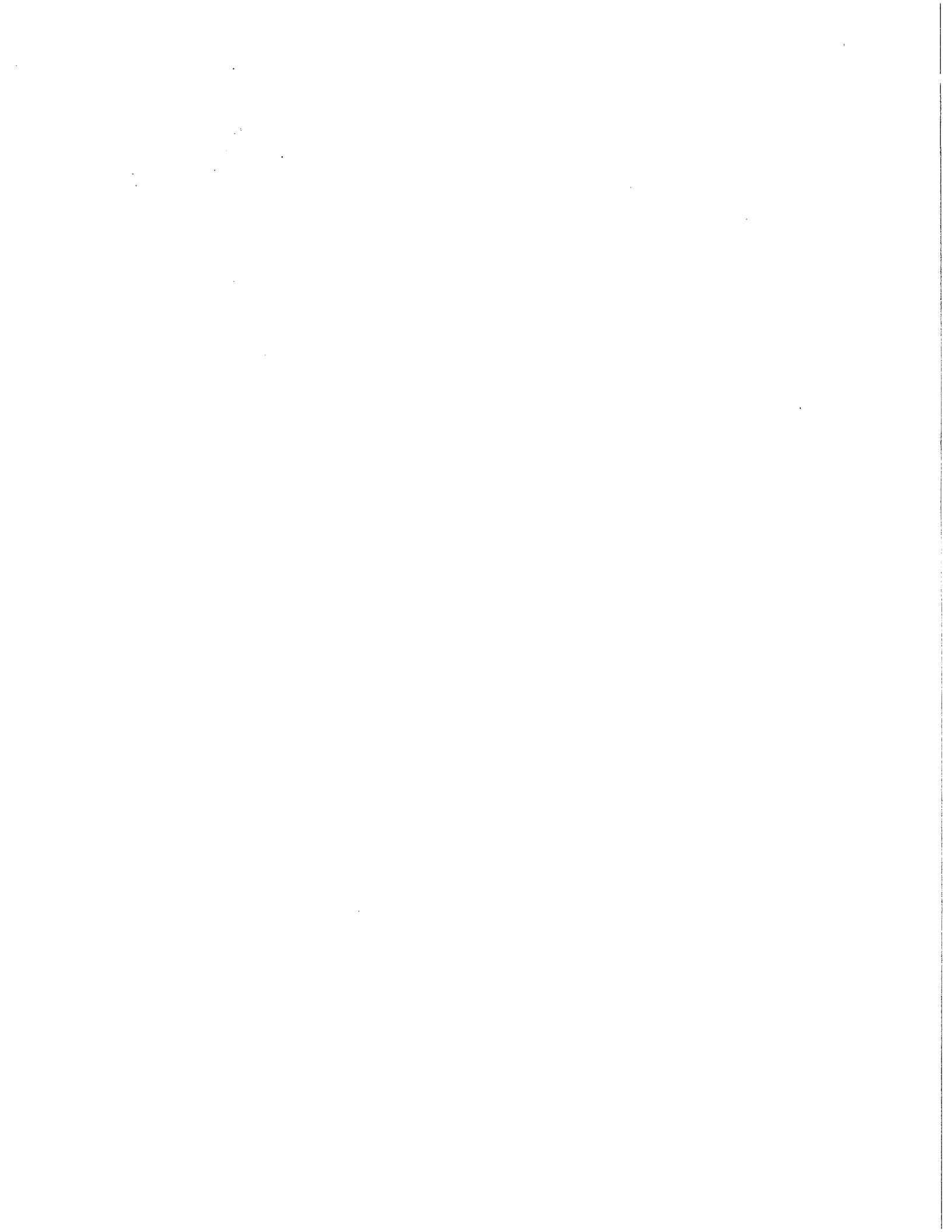


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JSMS-PE

### FIVE FOR LIFE ACTIVITY LOG B

Directions: Put a ✓ in the appropriate box for every 10 minutes of activity.

Name \_\_\_\_\_

Date	Daily Living										Play/Recreational										Sport Exercise										Total Activity Time										

- Activities for Daily Living**
  - Getting ready for school
  - Self-transportation to school, store, or friend's house
  - Doing dishes
  - Walking the dog
  - Shopping
  - Mowing the lawn
- Activities for Play/Recreation**
  - Playground activities
  - Sport practices
  - Play at the park
  - Sledding
  - Bicycling
  - Rock climbing
  - Hiking
- Activities for Sport/Exercise**
  - Resistance training
  - Downhill skiing
  - Circuit training
  - Sport practice
  - Calisthenics
  - Snowboarding
  - Sport Games
  - Jogging

X \_\_\_\_\_  
Parent/Guardian Signature



## Electives

### **Howland:**

#### Orchestra & Choir:

*Practice instruments/voices and use Spring Bingo Sheet for creative ideas*

*Watch professional classical Orchestra/Choir performances online, if possible*

### **Mrs. Wilson:**

#### AVID:

*Complete any late or missing work*

*Read 20 minutes each day*

*Review notes for core subjects*

#### Leadership:

*Be Proactive: Take care of any late or missing work*

*Stay sharp and use what you've learned so far this year*

*Take care of responsibilities before you enjoy free time*

*Use time wisely and limit screen time*

*Look for ways to be a leader in your home!*

*Take initiative-if you see things that need to be done, do them!*

*Offer to help with additional responsibilities (extra chores, read to siblings, etc)*

### **Colbo:**

#### Drama:

*Watch movies and observe acting, keep a journal of the shows you've watched and provide your critique of the performance.*

*Look up Improvisation on YouTube.*

### **Schroeder**

#### Band:

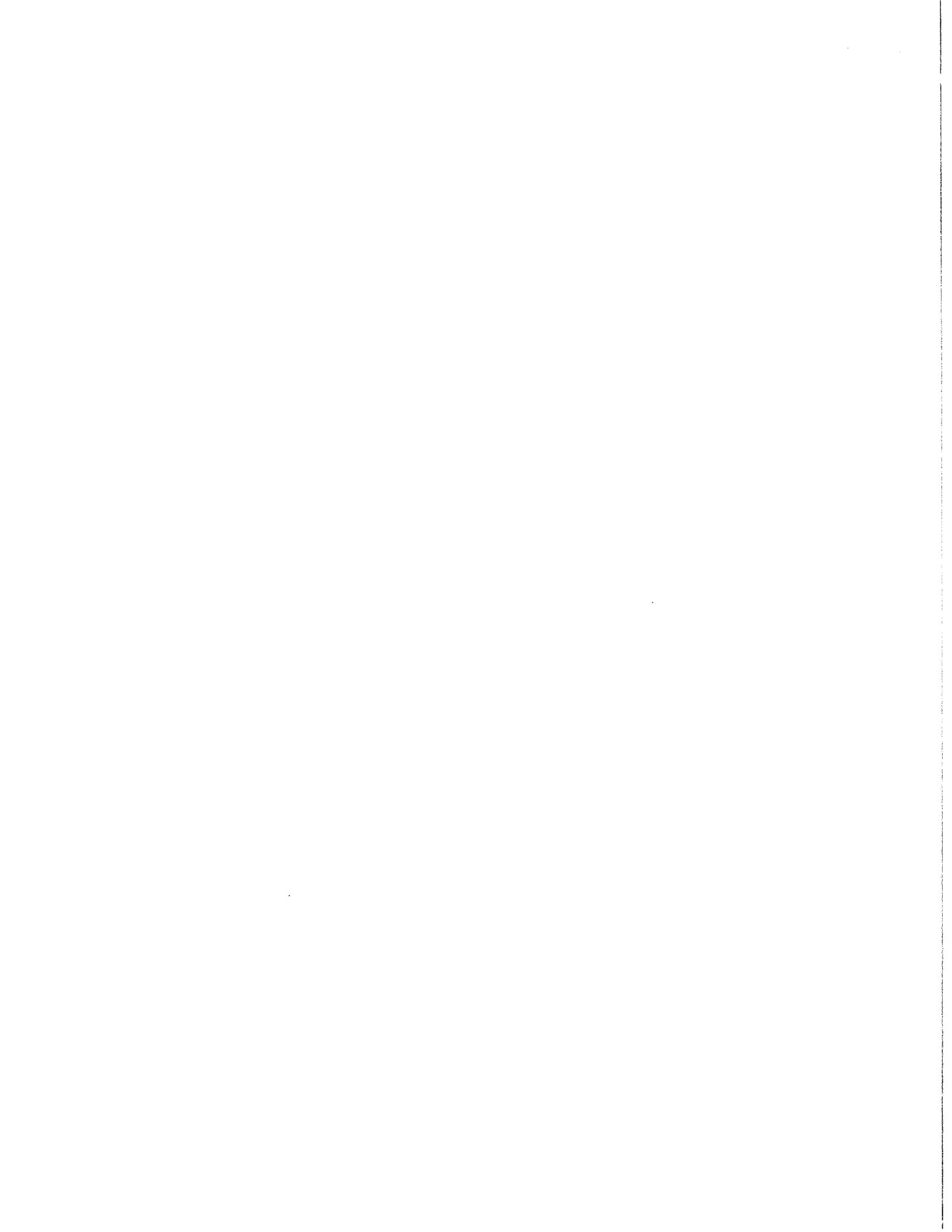
*Practice your instrument. Put special emphasis on playing songs by ear (hear it/play it without music).*

#### Choir:

*Practice singing. Put special emphasis on using proper vowels and breathing.*

### **Moses:**

*Create a drawing or painting that illustrates the story you are reading in literature/language arts.*



# Ideas and Activities for Engagement

## 7<sup>th</sup> Grade

### Science

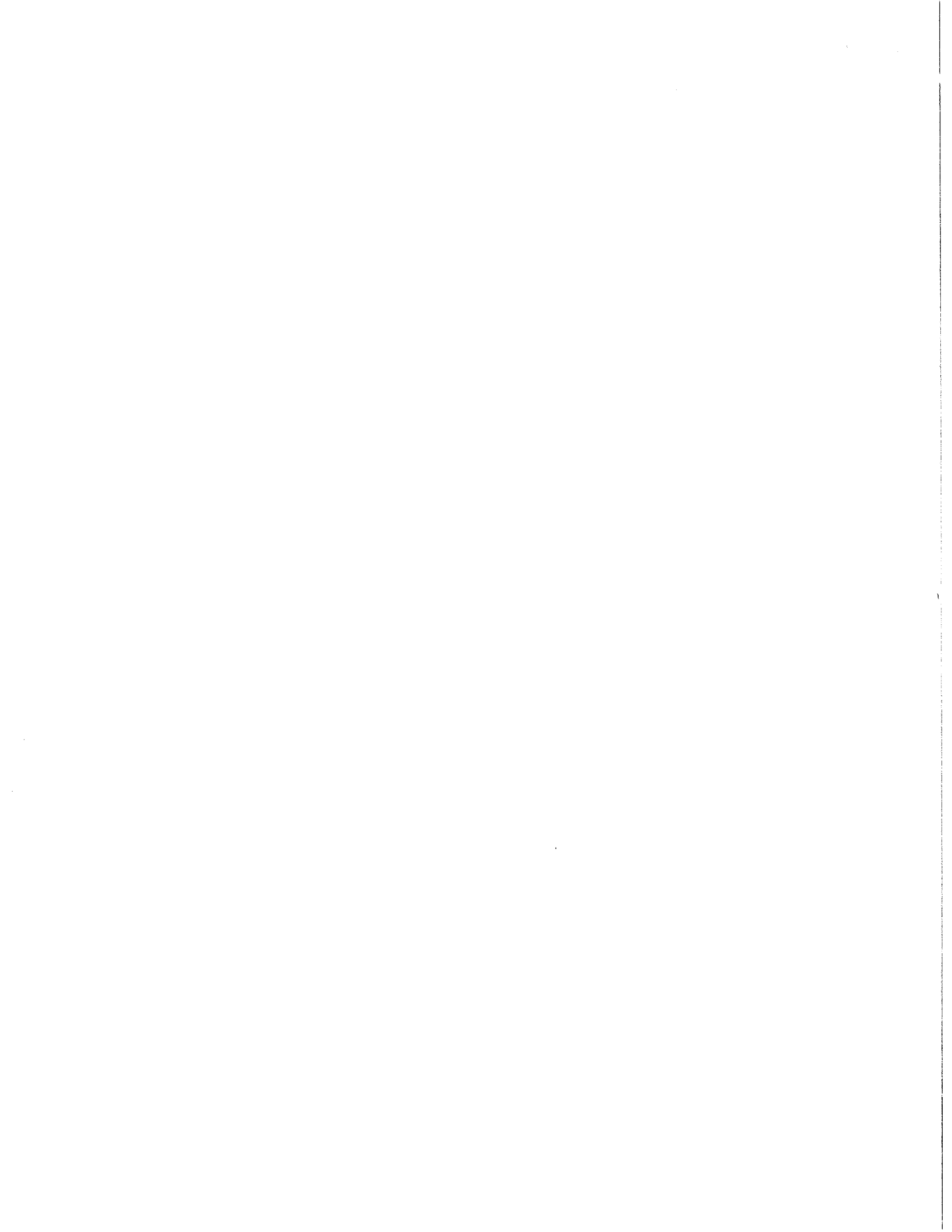
- Handout – “STE(a)M in the Real World Journal”

### Math

- Practice math facts – all operations (add, subtract, multiply, divide). Make some flash cards to practice with.
- Cooking (Pick your favorite recipe. Write down the measurements for doubling the recipe and the measurements if you half the recipe)
- Find an ad from the mail, make a shopping list of items from the ad, find the total bill before tax and then the final bill with a tax rate of 9.8%.
- Find ads that have deceptive advertising, deceptive graphs or data describe how they are deceptive.
- Find graphs of the COVID-19 virus and explain why it is not linear.
- Draw a scale model of your room in your house including all furniture. What is the scale factor of your drawing to the actual size of your room? Must be drawn to scale!
- Watch movie Hidden Figures (if you have access to it).
- Create story problems that could be solved using fractions (6<sup>th</sup> grade), proportions (7<sup>th</sup> grade), or using  $y=mx+b$  (8<sup>th</sup> grade). Make an answer key for your story problems.

### Humanities

- Handout: “Daily Challenges for Humanities”

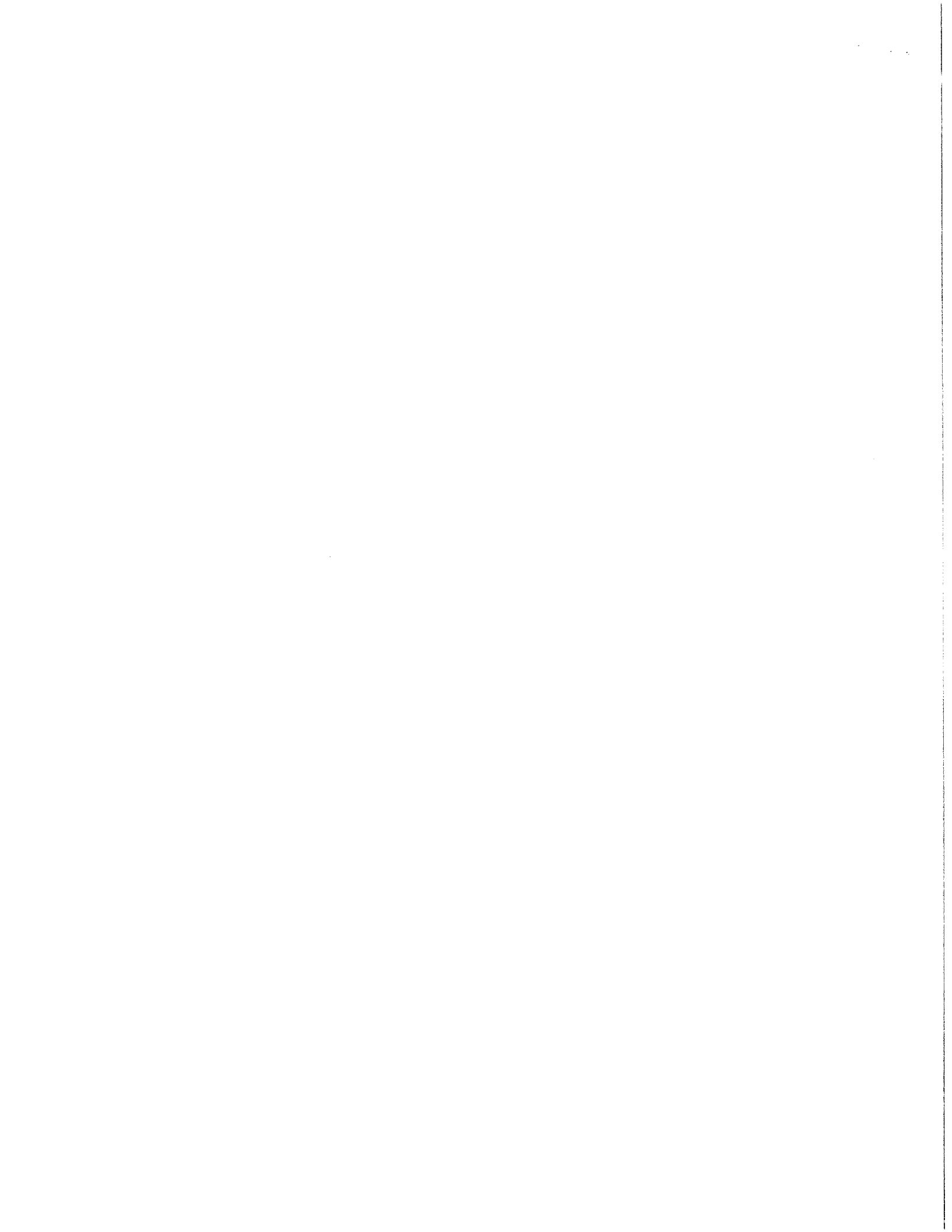




# Mr. Lantz's School Closure Class Study Topics

**Directions:** For Mr. Lantz's classes of Wood Technology (Beginning and Advanced), Pre-Engineering and Intro to Technology classes please refer to table below. In the table you will find learning topics that we have covered and will be covering when we get back to school. You can choose to use internet search engines, YouTube, etc. or just look at the world around you to find answers, ask yourself questions and draw conclusions. I wish you the best in your break and look forward to getting our classes up and running again. Thank You Mr. Lantz

<b>Wood Tech (Beg./Adv.)</b>	<ul style="list-style-type: none"><li>-Research different types of woodworking joints and their uses.</li><li>-Research different types of wood and their uses along with strengths and weaknesses.</li><li>-Analyze furniture, molding, and structures in your house and figure out how it was built and why the craftsman did it that way.</li></ul>
<b>Pre-Engineering</b>	<ul style="list-style-type: none"><li>-Look at your house and other buildings and analyze the form and structure of them in preparation for the architecture studies we will do later in the semester.</li><li>-Think what you need to finish and what you can improve on your ROV when we get back to school.</li><li>-What is architecture?</li></ul>
<b>Intro To Tech.</b>	<ul style="list-style-type: none"><li>-Ask yourself how does technology impact your world?</li><li>-How will you be able to use the skills you have learned so far in school and life?</li><li>-As the semester continues, we will be learning about Rhino 5, Microsoft Excel and Publisher, and 3D Printing. If you have access to any of these resources or the internet, see if you can build a little background information to help you be successful.</li></ul>



**Daily Challenges for 7<sup>th</sup> Humanities NAME:** \_\_\_\_\_

**Helpful Challenge:** Help your parent or guardian with something around the house.

What did you do? \_\_\_\_\_

Parent/Guardian sign off: \_\_\_\_\_ Date: \_\_\_\_\_

**Curiosity Challenge:** Watch a documentary on a topic of interest and write down 2 new things you learned below.

Name of Documentary: \_\_\_\_\_

What you learned #1: \_\_\_\_\_

\_\_\_\_\_

What you learned #2: \_\_\_\_\_

\_\_\_\_\_

**Neatness Challenge:** Organize something that you have been meaning to clean up/out or arrange neatly (binder, bookshelf, your bedroom, nightstand, closet, etc.).

What did you organize? \_\_\_\_\_

Parent/Guardian sign off: \_\_\_\_\_ Date: \_\_\_\_\_

**Kindness Challenge :**

Send a nice message to someone in your life that may need some inspiration or loving words.

Your signature: \_\_\_\_\_

**History Challenge :** Watch a documentary about something in history that interests you or you have always been curious about and write down 5 interesting facts you learned below.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**Food Challenge** : #1 Avoid junk food for one whole day 😊!

Your signature: \_\_\_\_\_ Date: \_\_\_\_\_

#2 Make a new meal that you have never made before but always wanted to try.

What did you make? \_\_\_\_\_

Your signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Nature Challenge** : Do an activity outside for at least 30 minutes.

What did you do? \_\_\_\_\_

Your signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Movie Challenge** : Watch a movie that you've been wanting to see and write the theme (moral or lesson) below.

Name of the movie: \_\_\_\_\_

Theme: \_\_\_\_\_

**Happiness Challenge** : Do something that makes someone smile.

What did you do? \_\_\_\_\_

Your signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Reading Goal** : Read at least 15 minutes a day (if you miss a day, read for a half hour the next day!).

Your signature: \_\_\_\_\_

**Boldness Challenge** : With parent/guardian permission, try something new that you've been wanting to do.

What was it? \_\_\_\_\_

How did you do 😊? \_\_\_\_\_

Parent/Guardian sign off: \_\_\_\_\_ Date: \_\_\_\_\_

If you bring this back the day we return completed, you will get a prize! Remember, I will miss you and will be looking forward to coming back to finish the school year. Stay healthy!

Feel free to email me to check in or if you have any questions: [honeycutt@skschools.org](mailto:honeycutt@skschools.org)



